

Make Your Own Pop-up Book

Making a pop-up book is fun, because you have to use pop-up ideas that suit the scenes in your story. For instance, if you think about the story *Little Red Riding Hood*, you could have the following pop-up scenes in your book:

Little Red Riding Hood leaving her house.



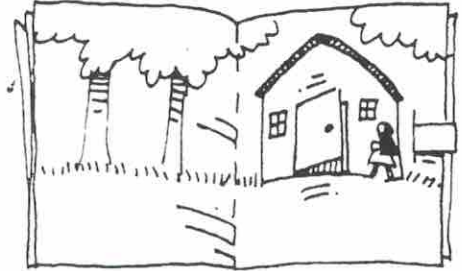
Use a sliding strip

The wolf thinking to himself that he will follow her.



Use a turning circle

Little Red Riding Hood going into her grandmother's cottage.



Use a flapping door

The wolf dressed up as the grandmother in bed.



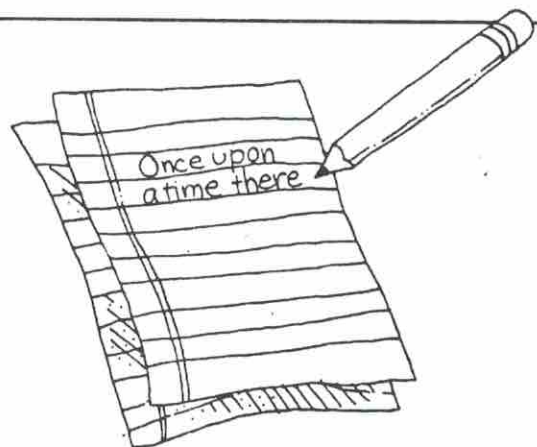
Use a talking mouth

Make the inside of your book.

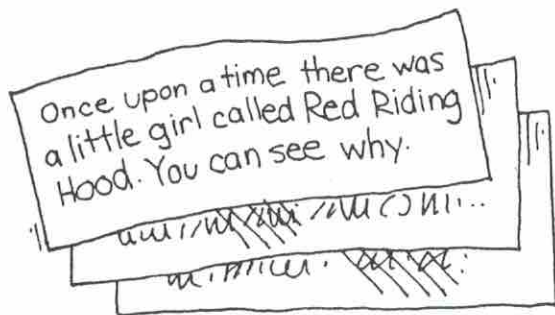
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Write a rough draft of your story:

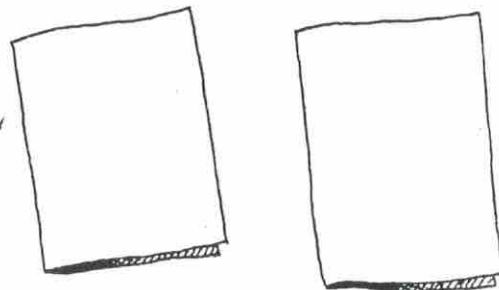
- Keep your story short and simple.
- Divide your story into four or five sections of text, each with no more than three or four sentences.
- Choose one pop-up idea for each section of your story.



2 Rewrite or type each section of your story on separate strips of paper, each 21.5 cm x 7 cm (8½ in. x 2¾ in.). In pencil, number them in sequence. Each strip will be the text for one double-page spread in your final book.

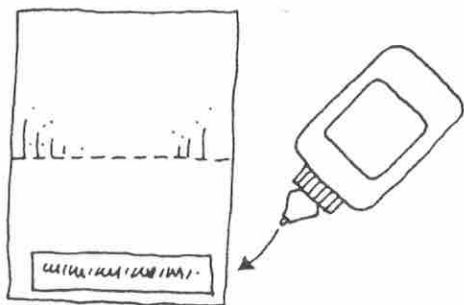


3 Put aside twice as many sheets of paper, each 21.5 cm x 28 cm (8½ in. x 11 in.), as you have strips. To start your first pop-up page, fold two papers in half. Put one aside.

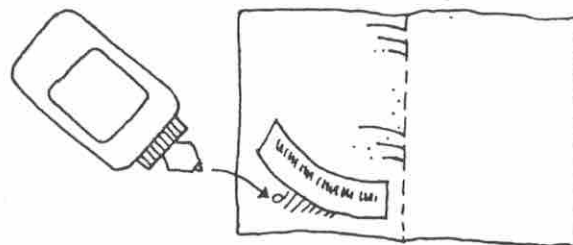


4 Decide whether you want your book to open at the side or at the bottom. If you are making a talking mouth in your book, it should open at the *side*. If you are making a fold-and-fit-in bed or a person giving a hug, you should have your book opening at the *bottom*.

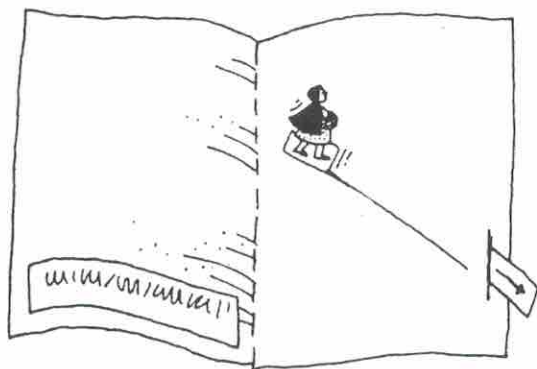
A book opening at the bottom:
Place your paper down so that the sides that are 21.5 cm (8½ in.) long are at the top and bottom. Glue your first text strip along the bottom or top of your page.



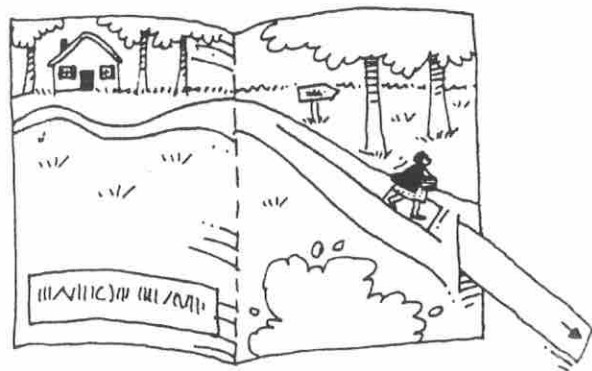
A book opening at the side:
Place your paper down so that the sides that are 28 cm (11 in.) long are at the top and bottom. Glue your first text strip along the bottom or top of your page.



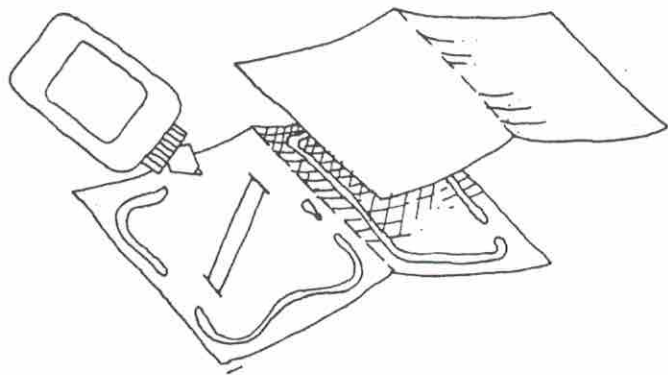
- 5 On your double-spread page, make a pop-up to go with the first section of your story. Each page in your book will be like one pop-up card.



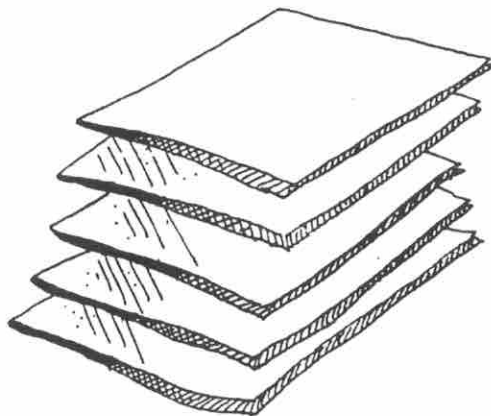
- 6 Complete the page by doing drawings or painting around the pop-up and the text. You have finished the first double-spread page of your book!



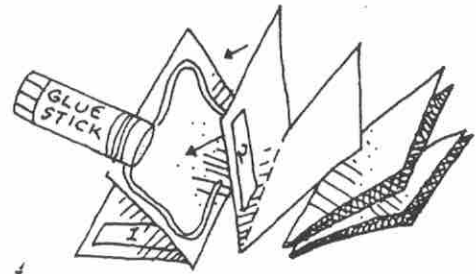
- 7 Take the folded paper that you have set aside. Glue it to your pop-up page, pressing firmly.



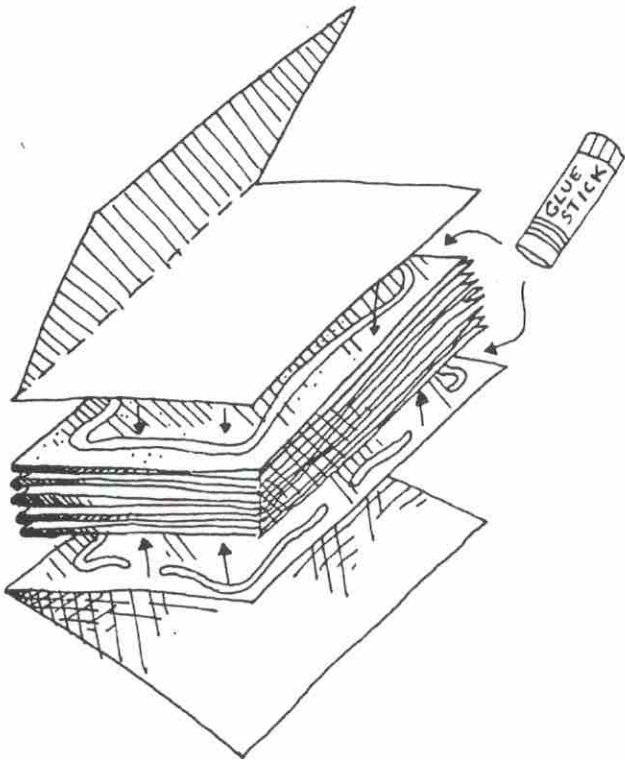
- 8 Make the rest of your pages in the same way. Fold each page in half and stack them in order, so that the first page is at the top of the stack, and so on.



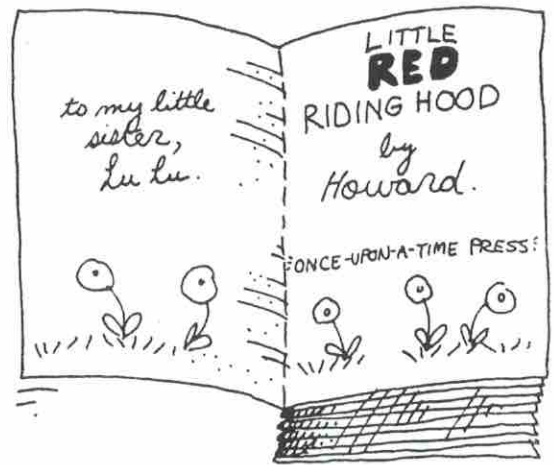
- 9 Glue your pages together. Apply glue (preferably with a glue stick) between the first folded page and the second folded page, making sure that they are glued as evenly as possible. Continue gluing the rest of the folded pages together in the same way.



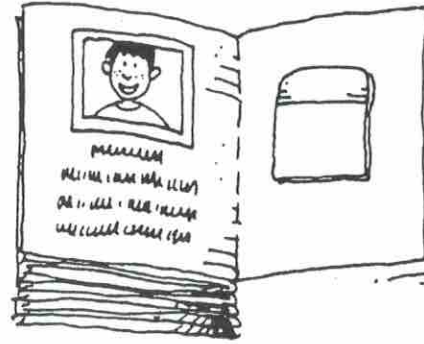
- 10 Now make your title page and end page. Take two more pieces of paper, 21.5 cm x 28 cm (8½ in. x 11 in.). Fold each paper in half. Take one folded paper and glue it on the top of your stack of pages. Take the other folded paper and glue it to the bottom of your stack of pages.



- 11 Open your book. The left page should be blank. The right side is your *title page*. Write the title of your story, your name and the year. Give yourself a publishing name. Decorate the page. Write a dedication on the left page, if you wish.

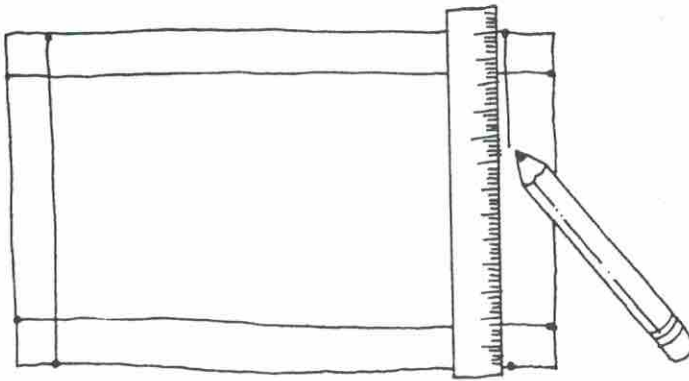


- 12** Open to the back of your book. On the left page, write about yourself under the heading, "About the Author." Add a photograph of yourself. On the right page, you can make a library card or a page for "Comments" from your friends. *Remember not to decorate the top or bottom pages of your stack, since they will be glued to the hard cover.*

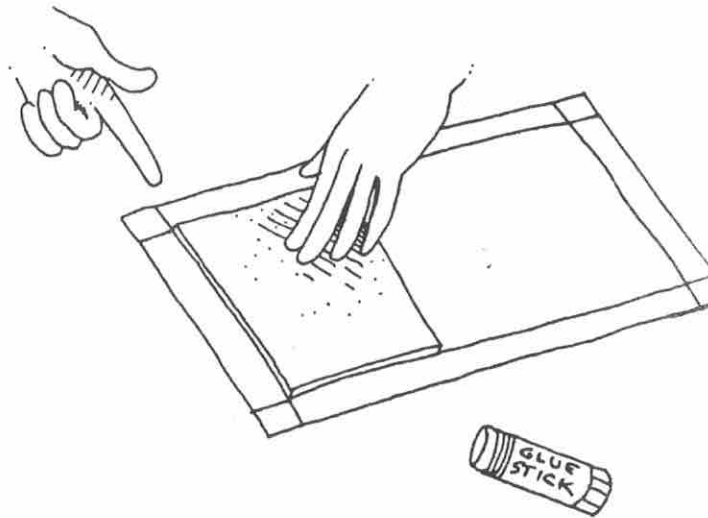


Make a hard cover for your book.

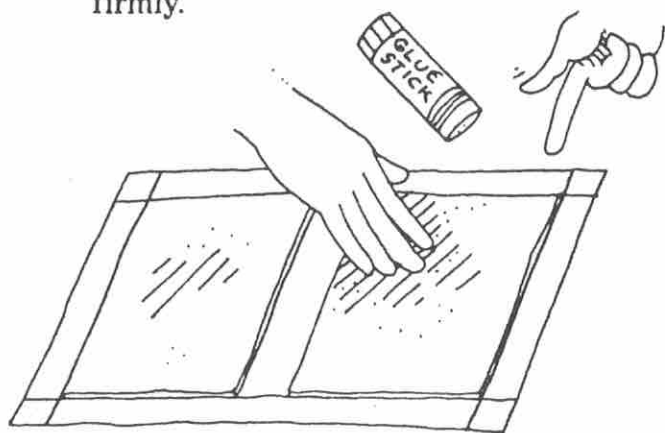
- 1** Take a piece of heavy paper, 36 cm x 28 cm (14 in. x 11 in.). From each corner of your paper, measure 2.5 cm (1 in.) and mark the measurements with dots. Join all the dots that are across the page from each other. You will now have four lines around the inside edges of your page.



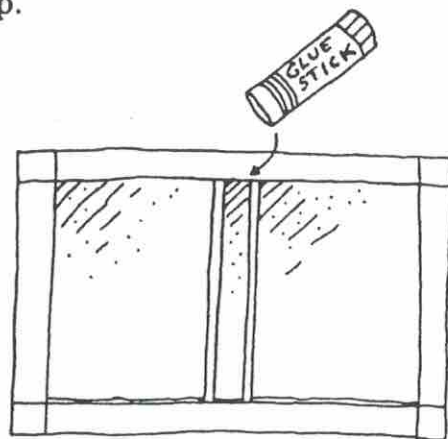
- 2** Take two pieces of bristol board, 23 cm x 4.6 cm (9 in. x 5 1/4 in.). Put one aside. Apply glue to one side of the other board, preferably with a glue stick. Place the glued side of the bristol board down within the lines on the left side of your paper. *Make sure that the top left corner of the bristol board lines up perfectly with the top left corner of the drawn lines on the paper.* Press firmly.



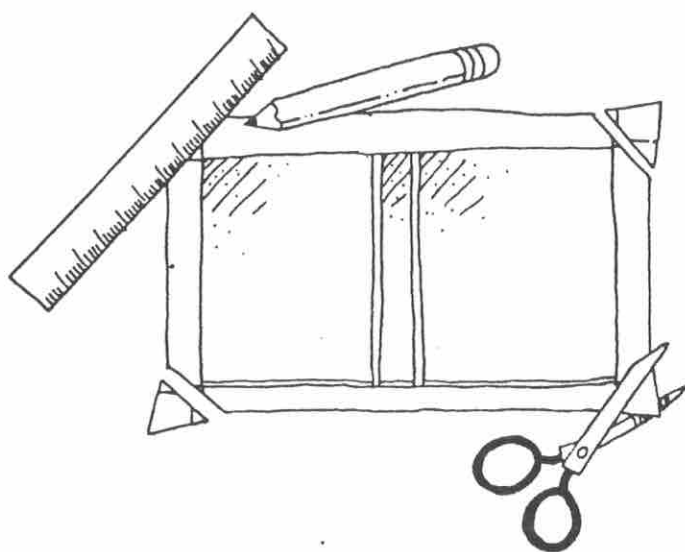
- 3** Glue the other bristol board to the right side of your paper. *Make sure that the top right corner of the bristol board lines up perfectly with the top right corner of the drawn lines.* Press firmly.



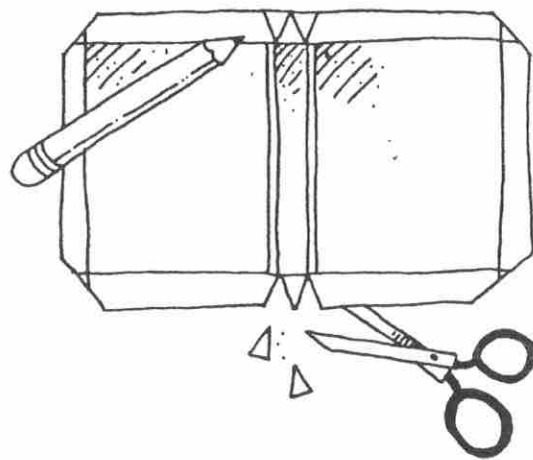
- 4** Apply glue to the back of a strip of bristol board, 23 cm x .6 cm (9 in. x ¼ in.). Place it exactly between the two pieces of bristol board, so that there is a slight space on either side of the strip.



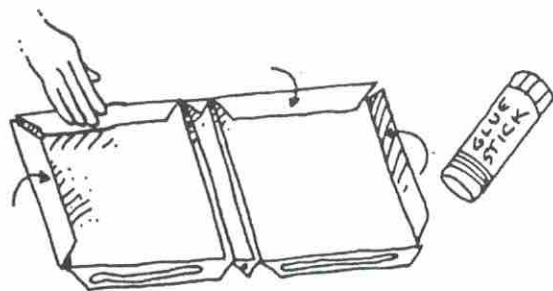
- 5** With a ruler and pencil, draw lines diagonally across the corners. The lines should come within .6 cm (¼ in.) of the corners of the bristol board. Cut along these lines until all of the corners are removed from the page.



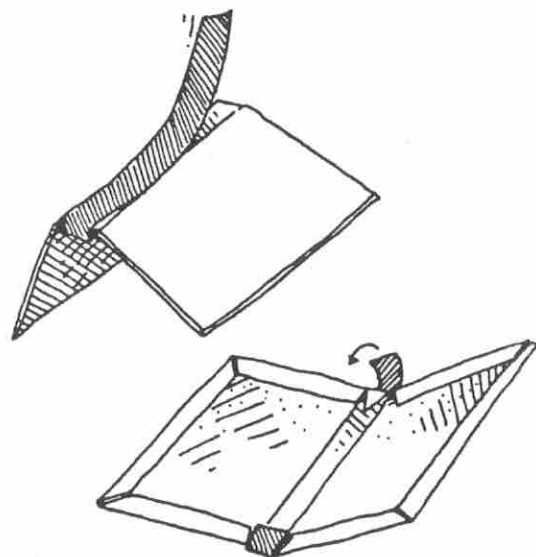
- 6** Draw a W-shape on the paper above the top end of the bristol board strip. The two bottom points of the W-shape should point to each corner of the strip. Cut out the two outside triangles of the W-shape. Do the same at the bottom end of the strip with an M-shape. There should now be a paper triangle at each end of the bristol board strip.



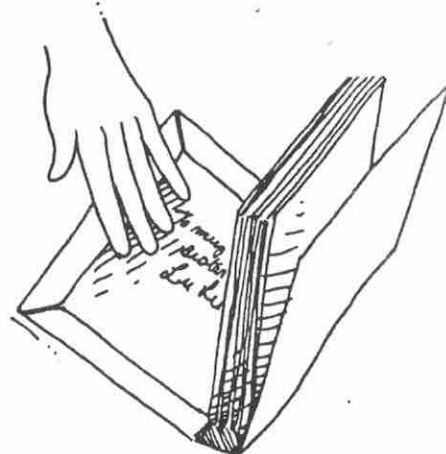
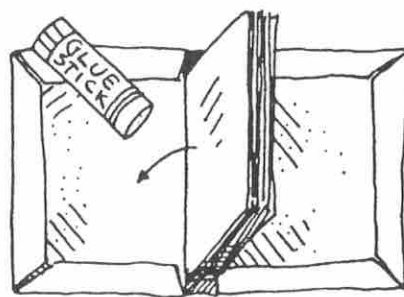
- 7** Carefully score the paper along the edges of the bristol board and fold the paper along the score lines. Apply glue under the top flaps and the top triangle. Firmly press the flaps and the triangle against the bristol board. Do the same with the bottom flaps and the bottom triangle. Finally, put glue under the side flaps and press them down firmly.



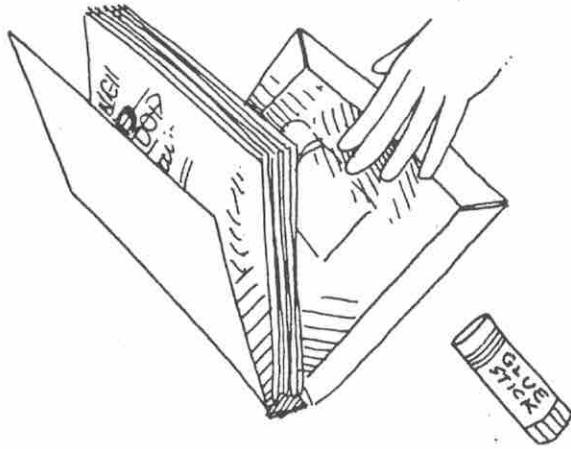
- 8** Fold the book through the middle, to make the *spine* of your book. Carefully place a piece of cloth or plastic tape, 28 cm (11 in.) long, evenly along the spine of your book. Fold the remaining ends of the tape over the inside of the cover.



- 9** Now lay the stack of glued pages on the inside of the cover, so that the folded edges of the stack fit into the middle of the bristol board strip. Apply glue to the top page of the stack, preferably with a glue stick. Holding the stack firmly with one hand, so that the folded edges of paper are lined up with the spine, tilt the right side of the book towards the left. Press the glued page to the left area of the inside cover. Smooth the page with your hand. Allow the glue to dry.



- 10** Apply glue to the back page. Tilt the left side of the book towards the right. Press the glued page to the right area of the inside cover. Now your book is glued together.



- 11** Decorate the front and back covers of your book.

